Crossways Newsletter

Term 1, Week 2, 5th February 2019



Crossways Calendar

| Week 4 | Parent / Teacher Interviews |
|--------------------|-----------------------------|
| Week 5 (Fri 1/3) | SPORTS DAY AT CROSSWAYS |
| Week 6 (Thu 7/3) | WCIAC Sports |
| Week 7 (Mon 11/3) | Adelaide Cup Day HOLIDAY |
| Week 8 (Thu 21/3) | Closing the Gap day |
| Week 9 (27/3—29/3) | Year 5 ERRAPPA Camp |

Principal's Word

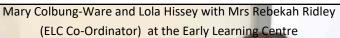


Welcome to the new school year. As the new Principal, I would like to extend a special warm welcome to the new families in our Crossways community. It is my prayer that your time with us is a blessing to you. The school has been a hive of activity over the school holidays with work on a number of building projects. You will notice the new ELC is now fully functional with the Nature Playground proving to be a hit.

The remainder of the Junior School block has been renovated with a number of functional improvements The administration block has also been upgraded.

I have spent the last 30 years in Lutheran schools in multiple roles, including Head of Junior School at Living Waters College in WA and Principal at St John's, Eudunda. My wife, Sue, and two teenage children who attend Cornerstone College, remain in Mt Barker while I take up the exciting responsibility of leading our Lutheran school community here at Ceduna. In the two weeks I have been here, it is obvious there is a high level of professionalism and care that the staff bring to the school.

In the week leading into school, we as staff reflected on these words of Jesus, "Take care of my sheep." This is what we endeavor to do every day here, knowing that the sheep Jesus has in mind for us are the students in our school. It is terrific to see how positively the students have settled in to continue their learning journey at Crossways. I look forward to meeting you over time as we work together for their education. God bless you for the year ahead.





Below : Mr Craig Kupke (Principal), Mrs Georgia Lambeff (Reception Teacher) and Kirsty Nielsen (LSO) with the new 2019 Reception students standing in front of the refurbished admin building





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Visit our website 🔊

CROSSWAYS Early Learning Centre















This week our Early Learning Centre (ELC) has opened. We are so excited to be in our new space and are so blessed with what we have here. We began on Wednesday and it was fanstastic to see the children use the space. The outdoor play area was particularly popular and the children loved exploring the pump, mud kitchen and slide area. We did lots of different things over the 2 days- have a look at the pictures to see what we got up to! I can't for Week 2 and see what kinds of things we get up to. *Mrs Rebekah Ridley (ELC teacher)*





Junior School Co-Ordinator Mrs Georgia Lambeff



Welcome to new and existing families to our Crossways family. This year I will be taking on the role as Junior School Curriculum Coordinator, as well as the Reception teacher. I am very excited to be working with an amazing team in the Junior School. This year we

have:

| Reception | Mrs Georgia Lambeff and Kirsty Nielsen | |
|-----------|--|--|
| neception | Wils Georgia Lamberrana Kirsty Meisen | |
| Year 1 | Miss Donna Bahr, Emily Webber and | |
| | Eleanor Coleman | |
| Year 2 | - Ms Sheridyn Giles, Cathryn Steeles and | |
| | Annette Moyse | |
| Year 3/4 | Mr Paul Munday and Jak Fawcett | |
| PE | – Mrs Cathryn Steeles | |
| Art | – Mrs Lois Haynes | |
| German | – Mrs Steffi Bergmann | |
| Music | – Mrs Sara Veerhuis | |
| | | |

All the teachers have spoken very fondly of their new classes, and are very eager to find out what adventures, learning experiences and memories they will make in 2019. We are looking forward to meeting families during our Parent Information Night in week 4.

We have updated our Junior School Behaviour Management Policy which is displayed in each room. In each class, the teachers and students have worked together to create their own expectations. Teachers aim to reinforce positive behaviour and have engaging and constructive lessons and tasks, which will hopefully minimise any issues. If for some reason a child misbehaves, teachers will attempt to solve the issue in the class; however, a leadership member or the Principal may assist if needed. The behaviour choices will then be discussed together, goals developed and in some cases a behaviour contract will be written up. It is imperative that children respect and follow the agreement so that lots of learning can take place!

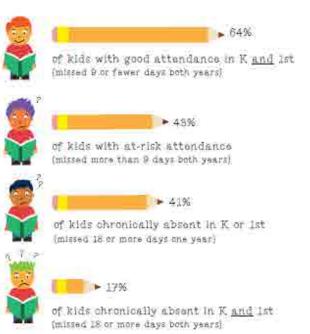
It is very important that students attend school regularly – with an aim to be here every day. When students are away from school, they miss core learning which can affect their academic progress, as well as their learning confidence and future education habits. If for any reason your child is away, please contact the school or your child's teacher. Attached is a document about why it is important for your child NOT to be absent from school; have a read! I wish you all the very best for the year,

Why It Matters

If children don't show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into college and careers.

Preliminary data from a California study found that children who were chronically absent in kindergarten and 1st grade were far less likely to read proficiently at the end of 3rd grade.

Who Can Read on Grade Level After 3rd Grade?3





The Crossways Breakfast Club

is looking for volunteers to help out occasionally

in the mornings from

7.45am to 9am

Please call Andrew McIlwraith

at the school for more information, Thankyou

Ph: 86252873

Mrs Georgia Lambeff

2018 end of year awards night

| RECEPTION - MRS LAMBEFF | STUDENT NAME |
|--------------------------|---------------|
| Most Improved 2018 | Myles Elefsen |
| Academic Excellence 2018 | Han-eum Ma |
| All Rounder 2018 | Noah Veerhuis |

| YEAR 1 - MISS ZADOW | STUDENT NAME |
|--------------------------|------------------------|
| Most Improved 2018 | Jakylah Colbung-Bilney |
| Academic Excellence 2018 | Anne-Marie Richards |
| All Rounder 2018 | Sarah Steeles |

| YEAR 2 - MISS GILES | STUDENT NAME |
|--------------------------|----------------|
| Most Improved 2018 | Caitlin Queama |
| Academic Excellence 2018 | Juan Ma |
| All Rounder 2018 | Joshua Coleman |

| YEAR 3/4 - MISS BAHR | STUDENT NAME |
|--------------------------|----------------------|
| Most Improved 2018 | Shia Taylor-Champion |
| Academic Excellence 2018 | Ye-eun Ma |
| All Rounder 2018 | Charlie Steeles |

| YEAR 5/6 - NORSWORTHY | STUDENT NAME |
|--------------------------|-----------------|
| Most Improved 2018 | Raymond Coleman |
| Academic Excellence 2018 | Nykita Miller |
| All Rounder 2018 | Emilea Willis |

| YEAR 7/8 - MISS KIM | | STUDENT NAME |
|--------------------------|------------|--------------------------------------|
| Most Improved 2018 | (7) (8) | Shontayah McIlwraith Kyle Freeman |
| Academic Excellence 2018 | (7) (8) | Mia Nicholls Azarni Coleman |
| All Rounder 2018 | (7) (8) | Kara Wild T Matthews/Richards |

| YEAR 9/10 - MRS EVANS | | STUDENT NAME |
|--------------------------|-------------|---|
| Most Improved 2018 | (9) (10) | Kevin Penny Zaheer Miller |
| Academic Excellence 2018 | (9) (10) | Leearnah Wanganeen Shanaelah Coleman |
| All Rounder 2018 | (9) (10) | Lameeka Betts Tyson Edwards |

| JUNIOR SCHOOL ART AWARDS - MRS HAYNES | STUDENT NAME |
|--|--------------|
| Reception Art Student of the year 2018 | Riley Mullen |
| Year 1 Art Student of the year 2018 | Emily Muir |
| Year 2 Art Student of the year 2018 | Juan Ma |
| Year 3/4 Art Student of the year 2018 | Ye-eun Ma |
| | |

| MIDDLE SCHOOL ART AWARDS - MRS EVANS | STUDENT NAME |
|---|---------------------------------------|
| Year 5/6 Art Student of the year 2018 | Kiarah Morrison / Nyquella Graham |
| Year 7/8 Art Student of the year 2018 | Shontayah Mcllwraith / Lakita Miller |
| Year 9/10 Art Student of the year 2018 | Nonnel Lennon/Gray/ Shanaelah Coleman |

| SARA VEERHUIS MUSIC | STUDENT NAME |
|------------------------------------|--------------------|
| AWARDS | |
| Year 5/6 Student of the year 2018 | Aimee Colbung-Ware |
| Year 7/8 Student of the year 2018 | Kyia Miller |
| Year 9/10 Student of the year 2018 | Leearnah Wanganeen |
| Sara Veerhuis Best Allrounder 2018 | Azarni Coleman |

| SPECIAL AWARDS | STUDENT NAME |
|------------------------------|---|
| Peter Treloar Award | Jaziah Miller |
| Long Tan Award | Shanaelah Coleman |
| Caltex Award | Azarni Coleman |
| Rowan Ramsey Award | Dean Heyne |
| Scholarship Winners for 2018 | Jaziah Miller |
| Lutheran Womens Award | Leearnah Wanganeen |
| Year 10 Graduates | Jaziah Miller, Shanaelah Coleman, Zaheer Miller, Shakira Were, Ashley O'Loughlin, Tyson Edwards |



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Whole School Co-Ordinator Mrs Terena Evans



Welcome back students and families from our Crossways community. I trust you all had a safe, relaxing and enjoyable Christmas break! As for me, I enjoyed spending time with family and friends both in Port Lincoln over the Christmas period and camping at Davernport.

Parent meet and greet:

When: Thursday 21st of February

Why: To meet your child's teacher/s in an informal setting Time: 5 – 6:30 pm

We would like to invite all parents, caregiver and students to come in for a casual BBQ under the canopy and then visit your child's class and meet the teacher.

We hope to see you there!

Middle School Student Behaviour Policy - Summary

I would like to give a brief summary of our Behaviour Policy so families are aware or the process and congequences.

Please be aware that we prefer to use positive reinforcment wherever possible and only resort to the below when necessary:

Classroom Steps:

Reminder – Warning – Consequence = Detention

If the student gets 3 reminders they will be given a short detention during their lunch break to reflect on their behavior. If the student makes it through the steps again they will receive aonther detention and be put on a behaviour contract where their class teachers will fill out the 'Yellow card' which lasts for a week. If the student's behaviour improves that will be the end of the process; however, if the Yellow card has more than 4 red circles – showing poor behaviour and effort, that student may receive a 1 day suspension.

The same format will be followed and if a student shows no changes the suspension days will grow eg

1st suspension = 1 day

 2^{nd} suspension = 2 days etc etc

If your child makes it to a yellow card you will be contacted by the homegroup teacher and be kept in the loop about the weeks' events.

Mobile Phone Policy:

Our policy states, "No mobile phone are premitted at school for any students". Student will be expected to hand their device in at homegroup and it will be returned at the end of the day. If the student refuses to hand in their phone, I will be asked to assist and their phone will be handed to the Principal, Mr Craig Kupke for the day with parents contacted. If the child continues to bring a device to school and not follow the school rules, they will be suspended for a day or until they are willing to comply.

The importance of sleep

"Sleep is a vital indicator of overall health and well-being. We spend up to one-third of our lives asleep, and the overall state of our <u>"sleep health"</u> remains an essential question throughout our lifespan." (The Sleep Foundation). As we are all trying to reset our 'holiday clock' and get back into good routines I thought this would be a good opportunity to re visit the topic of sleep!!!!!

As you can see in the chart below we all need a minimum of 7 hours sleep as an adult and teenagers still require at least 8 to be able to function at their best!

Is your child getting the recommended amount of sleep required? If not, ask yourself why? Are they on a 'screen' for too many hours after school and too wired to sleep at bedtime? Are they eating well? We all need fresh, whole foods to help sustain us through the night and help to sleep deeply. Are their devices removed from their room or put into 'nightime' mode to ensure they are not disturbed with texts, call or notifications through out the night.

There are a few rountines we as parents can put in place so that our children can learn at their best and reach their full potential.

Is your home routine helping or hindering your child?

I would like to leave you with 2 Bible verses about sleep to ponder on

<u>Psalm 4:8</u> ⁸In peace I will lie down and **sleep**, for you alone, LORD, make me dwell in safety.

<u>Proverbs 3:24</u> ²⁴When you lie down, you will not be afraid; when you lie down, your **sleep** will be sweet

Terena Evans



WHY YOUR BODY LOVES SLEEP



Middle School Co-Ordinator Miss Amy Norsworthy



What a great start to 2019 we have had in the Middle School! This year, we welcome the Year 5 class and Mr. Aiden Champion, as well as Mr. Carl Woodward as the Year 9/10 Home Group Teacher and Physical Education Coordinator. Other teachers in the Middle School include myself (Year 6/7 Home Group), Mrs. Haesil Kim

(Year 7/8 Home Group) and Mrs. Terena Evans (Art and English). We also have Kirsty Lennel as our Year 5 LSO and welcome back Cirena Coleman (6/7), Andrew Mcilwraith (7/8) and Kerry Taylor (9/10).

For the first semester the Year 6-10 students will undertake Woodwork lessons at TAFE on Fridays with Patrick Cotton. This is great for students to develop practical skills and even find an area of interest they may wish to pursue in the future. Keep an eye out to see what they produce!

For Term 1, our lunch time will be shortened to 30 minutes and students will then get a 15-minute break at the end of the day before being dismissed at the normal time of 3:15. This will be a trial and reflected upon at the end of Term 1.

Regular attendance is so important for students to receive a quality education so that they can develop the skills needed to succeed throughout their schooling and into the future. This week each student has been setting goals specific to their needs and I look forward to seeing them strive to achieve these as the staff support them to grow over the Term.

Amy Norsworthy, Middle School Coordinator





Mr Paul Munday Year 3/4 Teacher



Mr Aiden Champion Year 5 Teacher



Miss Emily Webber (LSO Support)



Mr Carl Woodward Year 9/10 Teacher



Miss Kirsty Lennell (LSO Support)



Mrs Sonya Degner (Early Learning Centre)

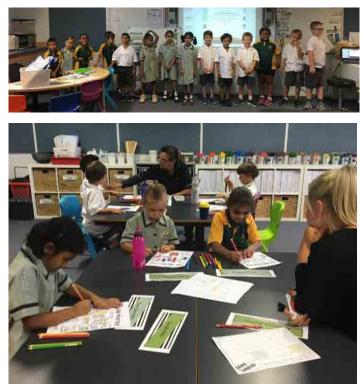
Working Together Towards a Brighter Future

Year 1 Class news !

Well, what a busy and great first week back at school! The Year One's have been busy getting to know their new classroom and teacher, and have adapted back to school routine in an enthusiastic way! We have been learning about each other's likes, hobbies, interests, goals and even aspirations for the future! It looks like we have some budding dentists, doctors, policewomen, motorbike riders and hairdressers in the making! The Year One's were even lucky enough to have a sneak peek at the new ELC with Miss Bek. That was a very fun and special opportunity for the students! Congratulations to all the Year One students on such great behaviour and positive outlooks to their education so early in the year! Keep up the amazing work!

Miss Bahr.

Year One Teacher.









Please note : Please ensure your child / children's lunch is packed and sent to school in the morning and money is sent with students for lunch. Teachers are having too many disruptions to class with students wanting to come to the front office to call home because they have no lunch or recess. Phone calls home to parents / caregivers during school hours are for emergencies only. If students do not have lunch they will be given a vegemite sandwich as an emergency lunch. Thankyou

Community Notices



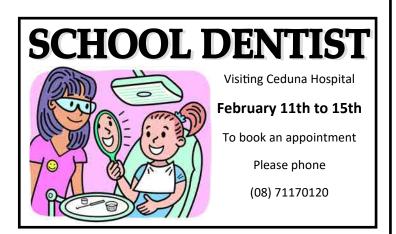
Playgroup is held every Friday morning

at Crossways Lutheran School

From 10am - 12noon

Happy Birthday to





Church Services

CEDUNA - SUNDAY (10.30am) LUTHERAN CHURCH



Spinach & Tomato Pizza Scrolls



- 1 cup wholemeal SR Flour
- 1 cup SR flour
- 85g butter
- 3/4 cup milk
- 250g pack frozen spinach
- 1/3 cup pizza sauce
- 2 tomatoes, finely chopped
- 1 cup grated pizza cheese

Process butter and flours until resembles fine breadcrumbs, transfer to bowl. Add milk, stir until sticky dough forms. Knead gently and roll into 20 x 40cm rectangle.

Squeeze spinach to remove excess moisture. Spread dough with pizza sauce, sprinkle with spinach, tomato and cheese. Roll up to enclose filling. Cut into 12 equal slices. Place on prepared pan and brush with milk.

Bake for 15 to 20 mins until golden.

