



## Crossways Calendar

Wk 7 (Wed 27/11)	SA Ambulance Visit (Yr 3/4/5)
Wk 8 (2-6 Dec)	Mobile Dentist at Crossways
Wk 8 (Thu 5/12)	J/S Music Performance 2pm
Wk 9 (Wed 11/12)	Celebration of Learning Evening
Wk 9 (Thu 12/12)	Last day of Term 4

## Principal's Word



Author **Andrew McDonough** spent the day with our Primary classes yesterday, providing with what proved to be an engaging and informative series of sessions on the process of creating books. Check into our Facebook and Instagram pages to see more about the day.

Reception **transition** is well under way with the new students getting a great opportunity to get a taste of what school will be like for them. The **ELC transition** days commence next week.

If you have a child eligible to commence in the Kindergarten program or Reception for next year, please ensure you have organised enrolment as spots are filling up fast.

I sent a letter out last week with an update on events coming up and information about staffing for next year. If you didn't receive that, please contact the front office.

**Devotional Thought - Humility** (humbleness, modesty, unassuming nature, meekness, gentleness ...)

Philippians 2:3-4 ... in humility value others above yourself, not looking to your own interests but each of you to the interests of others.

This well-known image from the world of nature documentaries gives us a great model of humility, of putting other's interests ahead of our own. Upon first reflection, it is easy to conceive that the wolf pictured at the back of the pack is struggling to keep up; maybe it's there because it is the weakest. In reality, the wolf at the back is actually one the strongest leaders of the pack, it takes up this position to help ensure the safety of each wolf in the pack by being there for the weaker wolves. The one at the back is also the most vulnerable to attack.

As the ultimate expression of humility, Jesus came to us, forsaking his position as God's son, and putting all our interests ahead of his. We see it in the people he hung out with, the downtrodden and outcasts of society. We see it in the people he chose to be his disciples.

We see it in the way he called out those who only had self-interest at heart, at the expense of the wellbeing of others. This can only lead us to have a mind and outlook that seeks to look out for others.

**Craig Kupke (Principal)**



Below : Sarah Steeles, Jesse Steeles, Shontayah McIlwraith & Emilea Willis representing Crossways at the Remembrance Day Service on the 11th November.



*School email addresses need to updated on our system.*

*Please call into the front office or phone the school with current email addresses, thankyou*



# Scholarships

Applications closing 30th November for **new** students



Excited kids on the bus ride to camp.



Recess time at Penong on the way to camp.



Dot Painting



Wombat Hole Tour



Roasting Marshmallows

**Year 3 Camp— Scotdesco**

The camp to Scotdesco was a huge success. All of the kids, and staff, had a great time and were able to participate in all sorts of activities. There were too many highlights to show all of them but others did include the visit to Point Sinclair on day two as well as the game 'Storm the Lantern' that was enjoyed by all on the Wednesday night. A big thanks to all of the support staff who came along and helped make it a success.



The big wombat at Scotdesco



Pottery making

## Whole School Co-Ordinator

*Mrs Terena Evans*



### Consequences and Following through

This week I would like to re-discuss Consequences and following through.

Starting from when my kids were young they were given consequences for their actions if needed. For example – Getting out of bed after bedtime, they would be told that if they did it again the door would have to be closed, (they did not want the door to be closed so they learnt quickly to stay in bed.) Throwing food from their high chair – the food was removed and eating time was over, hitting their sibling – timeout on a chair or in their room (without toy access.)

Every child is different and what works for one may not work for another, this is a trial and error process. Children are tiring, and managing behaviour is challenging and requires a lot of hard work and effort. However, if you can persevere, the long term results will be beneficial – well at least until 13 which is where I am at right now. I found it amazing that as my child turned 13 there were almost immediate changes in how she interacted with her family when she was tired or under pressure. She started to test the boundaries and make demands or have a meltdown if she did not get what she wanted – which she thought to be reasonable. It has been very helpful having my husband and I on the same page when it comes to discipline and rewards. Approaching how we manage our kids, as a team shows our children that we make decisions together and we always explain why we do what we do – even if they don't agree they can see our perspective.

One of the observations I have made from a teaching perspective is that parents all want the best for their children. When teachers make calls and have parents come in for meetings to discuss the best way forward for their child/children they are always supportive. I know our families 'tell their children off' when they get in trouble and I know many of us give consequences when necessary.

When giving consequences one of the things discussed in many teacher meetings is making sure the punishment fits the crime

Eg

Littering in the yard – collect a bag of rubbish

Not completing homework – stay in to catch up

Skipping class – detention

Being disruptive in class – be removed etc

Some of the strategies I use as a parent that have worked –  
Not getting off Fortnight when asked – a short ban  
Being on the internet after bedtime – devices removed or a short time

Not keeping your room tidy – no friends this weekend

Getting in trouble at school – grounded etc

Kids start to realise pretty quickly that if they lose something they like, they learn to not do the behaviour that caused the consequence.

If you're having difficulty with managing behaviour there are many resources on the internet which can point you in the right direction – I know I googled many a website to help when one of my children showed a super strong will and defiant personality.

[https://blog.feedspot.com/australian\\_parenting\\_blogs/](https://blog.feedspot.com/australian_parenting_blogs/)

*Terena Evans— School Coordinator*



# Middle School Food Technology

As we are nearing towards the end of this semester, the Middle school Food Tech students are excited about demonstrating their knowledge and skills of Food in hosting a Christmas party and inviting a guest of their choice to taste and critic the meals that they will be serving. This will happen in Week 7 for the Years 9 & 10.

In this Term's lessons the students are more focused on improving their knowledge of Food and its nutritional value, it also encompasses the importance of their nutritional value to the human body and what could happen to the body if there is lack of these essential nutrients. Every student focusses their learning on researching a recipe and modifying it based on the theme of each week. It may range from cooking a kid's meals or meeting the taste of an elderly person. They have also been exposed to a broader scope of different cultural cuisines from Middle Eastern, Asian and even acknowledging the Australian local produce, that reflects on the acknowledgment of farmers and the local produce around South Australia particularly here in Ceduna.

Students have not only learnt theoretical foundation of the importance of food and its function but rather presenting it on a plate makes it even better.

The excitement of cooking for their teachers and the guests, will surprise them with the skills that they have developed over the second semester. Finding their own taste in the recipe they chose to research and preparing it has been one of the highlights for many of the students this past few weeks.

### Highlights of the Weeks:

Week 3: The Year 6 & 7 chose to bring Halloween into their baking and came up with very creative baking display of cup cakes that reflect Halloween week.



Week 5 & 6: is a celebration of " White Ribbon week" where the Years 6 to 10 will research and create a favorite dish of any female staff in school to acknowledge the hard work, sacrifice, love & commitment and the great influences that women in our homes and community have on them.

Week 7: Year 9 & 10 are hosting a Christmas party cook off for their teachers and a guest of their choice. This is part of their major Assessment for the term.

Week 8 will be the Class party cook off for the Years 6 – 8, where they have chosen to keep it close and simple. They have invited their teachers and LSO to taste and critic their cooking. All these cook off demonstrations will be part of their major assessment for the term.

Wishing all the Middle school Food Tech students the very best in their Cook off

**Miss Liti Nabukabuka - Food Tech & Health Science Teacher**





**LOST SWEEP**  
**THE ANDREW MCDONOUGH SCHOOL VISIT**  
**'STORY TELLING EXTRAVAGANZA'**

MONDAY 18th November



# CELEBRATION OF LEARNING

**Wednesday 11th December 2019**

## ***End of Year Service and Awards Evening***

**at the Ceduna Memorial Hall**

*5.30—6.30pm (Student Art Display / Sale and complimentary refreshments)*

*6.30pm (Celebration of Learning)*

Your attendance to this function would be much appreciated!

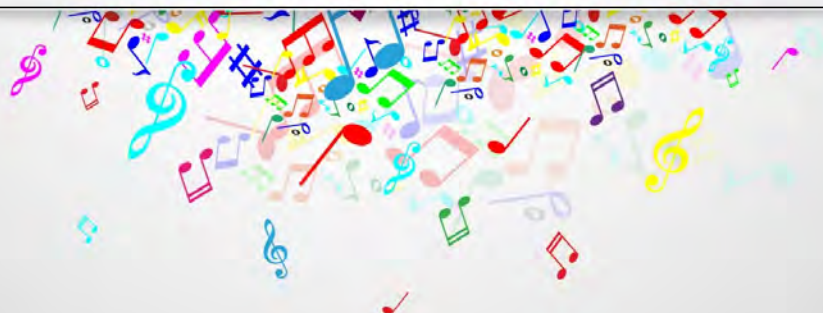


### **Junior School Music Informance**

*Thursday, December 5<sup>th</sup> 2019, at 2:00pm*

*Come and learn about our Music program, see your child perform, and have some fun too!*

*All parents/families welcome!*



## Healthy Smiles, Healthy Lives Dental Program

Mobile Dental Care SA will be undertaking onsite oral health Promotion (including distribution of toothbrushes) and onsite dental checkups at school.

No out of pocket expenses for schools or parents.

**WEEK 8 THIS TERM  
(2nd—6th December)**

*If some families have not yet returned consent forms, please bring to the front office urgently.*



Kael Coleman, Jordan Coleman & Brody Dunnett with their amazing fruit transformations they designed with Tim Steeles



20/20  
**VISION**

**Kids & Youth Conference 2020**  
(Ages 3 - 22 yrs old)  
at Crossways Lutheran School

**Free Admission & Lunch**

Registration Forms available

**Ring** Andrew McIlwraith 0428 017 514



Pick up and Drop off Service

**8 - 10 (Wed - Fri), JAN**  
10am - 4pm

Bible Story  
Music & Dance  
Art & Craft, Games

**11 (Sat), JAN, 7pm**  
Youth Performance

**12 (Sun), JAN, 10am**  
Family Service

SUPPORTED BY

OASIS Christian Church  
Korean Presbyterian Church of Adelaide  
New Life (Sydney Saesoon Presbyterian church)  
Crossways Lutheran School



## Community Notices

# PLAYGROUP



Playgroup is held every Friday morning  
at Crossways Lutheran School

From 9.30am - 11.30am

## CEDUNA SCHOOL DENTAL SERVICE

**Monday 18th Nov to Friday 22nd Nov**

For appointments please phone

**0434601394**

The SA Dental Service is a fee free service

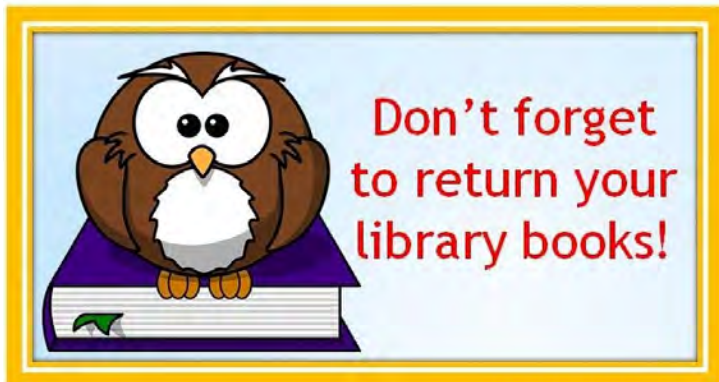


Dear Parents / Caregivers

## Crossways Bread Tag Collection

Our tin of bread tags will be sent off at the end of this term. Please ensure all tags are brought to the front office as soon as possible.

Thankyou.....



All library books need to be returned to School before the end of the term, thank you

## Church Services

CEDUNA - SUNDAY (10.00am) LUTHERAN CHURCH

## Happy Birthday to .....

**18 Nov Milana Champion**  
**22 Nov Shaun Richards**  
**23 Nov Nikarah Summer**  
**26 Nov Ishnoor**  
**3 Dec Violet Mozol**  
**3 Dec Brayden Moody**

**JUMP N JIVE**  
On the Foreshore

CHALLENGE COURSE  
GAMES  
ART & CRAFT  
FRUIT  
FACE PAINTING

**Thursday 28th November**  
**10:00am - 11:30am**

**Foreshore lawns**  
(Next to car park by fish cleaning station, boat ramp and toilet block)

SUITABLE FOR CHILDREN AGED BIRTH-5 YEARS  
TRANSPORT AVAILABLE IF NEEDED  
CALL (08) 8625 2294

\*Weather Permitting - If extreme weather conditions occur Jump N Jive will be held at Ngura Yadurim Children and Family Centre.