



Crossways Calendar

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| Wk 7 (Mon 8th June) | Queens Birthday Holiday |
| Wk 8 (Fri 19th June) | Circular Circus Performance |
| Wk 9 (Fri 26th June) | LAST DAY T2 FOR STUDENTS |
| Wk 9 (Fri 26th June) | STUDENT LED Conference |
| Wk 10 (29/6—2/7) | STAFF TRAINING |
| Monday 20th July | TERM 3 BEGINS |

Student Led Conference Dates

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|-----------------------|------------------------|
| Friday 26th June 2019 | Student-Led Conference |
| Friday 4th Dec 2019 | Student-Led Conference |

Term Dates 2019

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|--------------|--------------------------------|
| Term 1, 2020 | 28th January—8th April 2020 |
| Term 2, 2020 | 27th April—26th June 2020 |
| Term 3, 2020 | 20th July—24th September 2020 |
| Term 4, 2020 | 12th October—9th December 2020 |

Principal's Word - Tony Peters



Each term our devotional time with God which includes staff devotions and chapel, focus on a theme and this term we are exploring and meditating on 'Joy'. This has so far been a good exercise because there are many things, small and big, which provide us with joy. In fact, when if we stop and think for a little time we can probably identify hundreds of tangible and non-tangible items

which provide us with joy. Things like going on a holiday, a new bike, a new car, a bunch of flowers, a birthday gift, friends and family and so on. We can be thankful to God for these things but we know that these things which bring us great joy don't last forever.

The joy that the Lord provides is everlasting and it doesn't go rotten, it doesn't run out, it doesn't break down, it doesn't rust, it doesn't hurt and it doesn't disappear. God tells us that having true joy is knowing him and trusting in him for all things. When we explore God's word in John 15:9-11, we find out that Jesus wants us to stay with him, love him and to do what is right-

"As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete."

I think this joy is not only something we experience in heaven, but also here on earth. There is a joy in obeying God – in serving Him with all of our heart. We listen to Christ's word and take action and someone benefits by our kindness, or our generosity. Serving others just as Christ serves us brings us true joy!

Last week you should have received a letter regarding the Student-Led Conferences which will be a part of the reporting process this year at Crossways. Please note that there was an incorrect date printed on this letter. There will be two Student-Led Conferences this year and each take place at the end of each Semester, the first one being on Friday 26th June and the second one taking place on Friday 4th December. Apologies for any confusion that this may have caused!

During the last couple of school council meetings, we have begun discussing ways in which the school can provide healthier food options for students. Looking at the canteen menu and what is offered here is quite limited and we want to explore other foods which provide nutrition and value for money. Over the next months we want to engage the Crossways community in different ways so that students, parents and staff can have input towards healthier food options at the school. We look forward to hearing your ideas and suggestions.

Since the beginning of the term, I have been visiting families, trying to familiarise myself with the Crossways community. This is a beneficial task for a number of reasons, including getting to know you; any concerns are discussed; following up with unexplained absences; and talking about the importance of regular school attendance. Getting to know you is important to me, because your child's schooling needs and education is a priority.

Tony Peters, Principal



Junior School Health

In Year 3/4 we have been learning about healthy habits. As a part of this, we have been thinking about how we spend our free time. Did you know that according to current research, **Kids spend more time each day engaging with media (screens) than doing anything else except sleeping?** Most children in Year 3/4 agreed that engaging with screens is their favourite activity. The students were able to come up with some very convincing reasons for screen time including research, learning how to do new things, socializing during isolation, educational TV programmes and more. We also brainstormed negative effects of screen time. These included, poor eyesight, headaches, loneliness, snacking while watching TV, lack of exercise, inappropriate videos or pictures, lack of sleep and putting on weight. However, the most surprising fact that we discovered was that **two-thirds of children report that their parents or caregivers do not set rules around screen time.** We thought this was a big problem, so Miss Norsorthy's class put their heads together and brainstormed a list of rules that they think parents should consider when allowing their children to have screen time.

Only watch or play G or PG rated games and videos/movies.

Set a timer for 20 minutes to give your eyes a break from the screen

Maximum of 2 hours of screen time a day (including TV)

No devices in bedrooms at bedtime and no sooking!

Don't tell anyone online your private information (name, address, phone number)

This week we are looking at physical activity. Children are encouraged to spend at least 1 hour outside every day being physically active. While organized sports are not an option right now, there are some great ways to get outside and enjoy our sunny autumn weather. Try going for a family walk or bike ride, going to the playground or jumping on the trampoline. The big tides have washed in some beautiful shells and other treasures lately so it's a great time to walk along the beach and have a scavenger hunt. See what creative ways you can find to help your family be more active this week J.

Mrs Steeles

The Year 2 class have been learning how to write procedures. Last week the procedure was for making the best ice cream sundae. The students had a lot of fun making and eating the sundaes.



Above : Brayden Moody & Acacia Bilney

Week 3 Award winners



Week 3 **Hope Award** winner (Brianna Harre-Temby) and **Grace Award** winner (Charlie Steeles)



Week 3 **Attendance Cup** and **Recycling Cup** winners
(Miss Cannard's Year 2 Class)



Week 3 **Junior School** Certificates of Achievement
(Aniyah Willis, Addison Coleman, Declan Walsh & Braxton Gray)



Week 3 **Improved Attendance** award winners
(Jesse Carbine & Kyia Miller)



Week 3 **Middle School** Certificates of Achievement
(Toby Jericho, Zahania Taylor & Kashayla Duckford)

Middle School Sport News

We've been extremely lucky of late to have had the type of weather which has allowed us to enjoy outdoor sport at school on a regular basis. With most students now back at school, our PE lessons have gone from strength to strength with students participating and enjoying themselves. This would normally be the time of year when AFL and Netball are in vogue, however with restrictions on body contact sports we've shifted our focus in Middle School to T-Ball and Softball. I have to give credit to the students in being able to adapt to new activities when I know they would rather be playing traditional Autumn and Winter sports at this time of the year.

The Tcharkuldu Cross-Country run in Minnipa was scheduled for this week, but unfortunately due to social restrictions this has also been cancelled. However, on Friday of Week 6 our Middle School students have the option of participating in our own run to Pinky Point. This will take place after lunch and is open to all Middle School students who would like to join in. The run isn't compulsory but we are urging all students to at least have a go.

Fingers crossed that this weather we are having keeps up so we can continue enjoying the outdoors.

Blessings,

Mr. Carl Woodward
Head of PE.



Mia Nicholls



Tjeryan Ware



Kyia Miller

Year 3/4 Norsworthy

I have been so proud of my class in the last two weeks! We have been so engaged in our Procedure Writing unit. Both the length and language in our writing has shown vast improvement! Many students have been so proud of their writing they have been asking other staff including Mr. Peters, Mrs. Evans and Tim to come see what they have been writing. In HASS and Science we have been looking at natural/processed resources and sustainability. From this, we have decided to try and not throw away so much waste and now have a scrap paper and fruit scraps bin in the classroom. We are thinking of creative and practical ways we can use both of these initiatives in our classroom!

Miss Norsworthy



How to build a Lego item
(Raymond Papparoa & Wayden Sumner)



Exploring scale and coordinates during our mapping unit
(Jesse Carbine, Andre Lennon-Tschuna & Leith Austin)

Community Notices

PLAYGROUP



Cancelled until further notice !

Playgroup every Friday morning at

Crossways Lutheran School

From 9.30am - 11.30am

ALL FAMILIES WELCOME

Church Services

CEDUNA -

SUNDAY (10.00am)

LUTHERAN CHURCH

Cancelled until further notice !

Happy Birthday to

20th May Noah Veerhuis
 21st May Peyton Peel
 22nd May Violet Ware
 23rd May Andre Lennon-Tschuna
 25th May Bayly Dunnnett

The six key parts to a Healthy lunchbox

- *fresh fruit.*
- *fresh crunchy vegetables.*
- *milk, yoghurt or cheese (you can use reduced-fat options for children over the age of two years). ...*
- *a meat or meat alternative food like some lean meat (e.g. chicken strips), hard-boiled egg or peanut butter.*



BACK TO SCHOOL



LUNCH IDEAS

Crossways Bus stops

| MORNING | STOP |
|---------|---------------------------|
| 8.08 | May Crescent |
| 8.11 | 22 Will Street, THEVENARD |
| 8.16 | 39 Railway Tce, THEVENARD |
| 8.21 | 15 Park Tce, CEDUNA |
| 8.23 | 12 Handtke Drive, CEDUNA |
| 8.26 | 28 Kloeden Street, CEDUNA |
| 8.28 | 1 Chadwick Street, CEDUNA |
| 8.30 | Arrive at School |

| ARVO | STOP |
|--------|---------------------------|
| 3.20pm | Leave school |
| 3.23 | May Crescent |
| 3.26 | Bergmann Drive (AS) |
| 3.31 | 22 Will Street, THEVENARD |
| 3.35 | 39 Railway Tce, THEVENARD |
| 3.41 | 15 Park Tce, CEDUNA |
| 3.43 | 12 Handtke Drive, CEDUNA |
| 3.46 | 28 Kloeden Street, CEDUNA |
| 3.48 | 1 Chadwick Street, CEDUNA |
| 3.52 | Arrive at School |