



CROSSWAYS CALENDAR

Tues 28 Feb (Week 5)	SPORTS DAY
Mon 13 March (Wk 7)	ADELAIDE CUP DAY
Thu 30 March (wk 9)	MULTICULTURAL DAY
Thursday 13th April	Last day of Term 1

2023 TERM DATES

TERM 1	30th Jan 2023 - 13th April 2023
TERM 2	1st May 2023 - 6th July 2023
TERM 3	24th July 2023 - 28th September 2023
TERM 4	16th Oct 2023 - 14th December 2023

Principal's Word - Greg Miller



How much spare time do you have?

Do you feel as though time is flying, and there are too many things to get done in each day? If so, you are not alone.

The pace of life continually becomes faster and there are more demands on our time. This affects all of us. One of the demands, that puts pressure on our time, comes

from how "connected" our modern society is and the expectation that we will be online all of the time.

In our digital world it is all too easy to lose ourselves in a communication overload – responding to texts, emails, and social media 24/7. It is not only adults that this affects, overuse of technology can affect our young people.

In Australia, (as well as around the world) there are guidelines for how much screen time is considered to be safe.

Below are some guidelines on safe limits for using screens.

- * Kids aged 5-17 should have no more than two hours of screen time a day.
- * Kids aged 2-5 should have no more than one hour of unrestrained (as in not sitting still) screen time a day – less is better. Sedentary screen time is not recommended.
- * Children under 2 should have no screen time.

These figures are based on information from the Australian 24-Hour Movement Guidelines for the Early Years (birth to 5 years) and Children and Young People (5-17 years). More information can be found on the SA Health website.

At Crossways, students are instructed in safe practices when using devices, and the school iPads and computers are generally used for educational purposes, and only on rare occasions for "free time".

Solomon, one of the wisest writers of the Bible wrote about managing our time, saying that there is time for everything.

Ecclesiastes 3:1 "There is a time for everything, and a season for every activity under the heavens"

God has given us all the time that we need, it is up to us what we do with that time.

Have a great week.

Greg Miller
Principal



Andrew McIlwraith presented a cheque for money raised at last year's FETE to Peter Jericho from the Youth Hub.

The funds will be used to upgrade the facilities at the local Skate Park.



NEW DATE :

TUESDAY 28th FEBRUARY

**Parents / Caregivers urged to attend
to cheer their children on!**

Congratulations to Week 3 AWARD WINNERS



Above left : Grace Award winner (Anastasia Muir)

Above right : Hope Award winner (Madison Reed)



Above left : Foundation class award winner (Brooklyn Miller)

Above right : Year 1 class award winner (Callum Radloff)



Above left : Year 2 award winner (Litia Pohahau)

Above right : Year 3/4C award winner was Viola Hubert-Newchurch (absent)



Above left : Year 3/4D award winner (Taj Johncock)

Above right : Year 5 award winner (Ciara Lennon-Gray)



Above left : Year 6 award winner (Kylinda Watson)

Above right : Year 7/8 award winner (Amalie Champion)



Above left : Year 9/10 award winner (Jaheim Coleman-Scott)

Above right : Excellence in PE - Junior School Dre-Shawn Graham, Middle School Chase Sleep.



Above left : GGSA Maths award winners

Above right : GGSA Spelling award winners



Year 6 - Mrs Lambeff



As a hot week approaches, we prepare for the implications of heat – hot weather bells, reminders about drinking water, less sleep which can lead to increased irritability, hats and air conditioners on full-blast. At home you might have to water the garden each morning/evening and you may even plan a trip to the beach or jetty. It certainly feels like we've been back at

school for more than a month as we head into our fourth week. I reflect on my Summer Break and it seems like 'Summer' is only just kicking in now! This hot weather is also reminding me of my trip to Europe last year, where my husband and I were fortunate enough to travel to new countries, meet new people and enjoy a break from work. Studies show (and experience) that travelling has it's benefits;

- Decreased Blood Pressure;
- Better Sleep Quality = Less Stress;
- Healthy Heart;
- Reduced Stress Levels;
- Weight Loss;
- Increased Productivity
- Life-long memories
- Exposure to experiences and places

With that in mind, it might be the time to plan a family trip for the next holidays (which are in April), or a weekend away. *However, it is important that education and school attendance is considered and plans are made accordingly.*

Mrs Lambeff



SRC NEWS

Hello everyone and welcome to the 2023 school year. Firstly, I would like to say how amazing it was to see so many students keen and eager to nominate themselves for SRC and House Captain this term. We had students from all year levels ranging from Year 2 – Year 10 nominate themselves to represent their peers and be apart of our student leadership team. Many of these students have never run for SRC or House Captain before, so I was so pleased to see some new nominees and fresh faces. I'd like to congratulate the successful nominees from each year level who will represent their peers and work together to make important decisions about our school. Below is our list of SRC members from Year 2 – 10.

Year 2: Tallan Colbung-Bilney and Millie Mullen

Year 3/4 Champion: Leo Veerhuis and Aaniya Bilney

Year 3/4 Donald: Freddie Jericho and Lola Hissey

Year 5: Noah Veerhuis and Acacia Bilney

Year 6: Peyton Peel and Tionne Crossman

Year 7/8: Soul-Jade Miller and Halle Miller

Year 9/10: Aroha Papanoa-Tiatao and Chase Sleep

Principal SRC Leaders: Chase Sleep and Soul-Jade Miller

I'm super excited to work with these students and support them to grow their leadership skills this semester. I can't wait to see what ideas they have to help make Crossways a positive and welcoming school for everyone.

Thank you,

Mr. Donald



Year 2 - Mrs Cook



The Year 2 class have had a busy start to the year. This year we have welcomed four new students to our class as well as a returning student to Crossways.

In our Maths lessons, we have been learning all about numbers up to 1000 and have had fun building these numbers using blocks. We have made

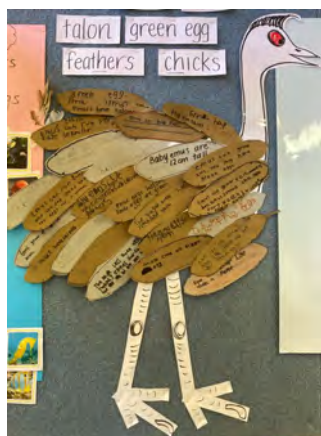
a class calendar and we use it every day to record important events.

In our Science lessons, we are learning all about how animals change and grow. We are looking closely at birds and how they are different to humans. Through reading lots of books about birds, we have learnt so many interesting facts and have even made a class display covered in facts all about emus.

We are building on what we have learned in Foundation and Year 1 to write recounts about books we have read and things we have done. We are practicing getting events in order so that our recounts are easier to read.

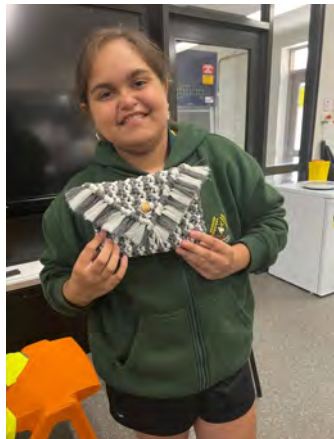
As well as all this learning, we have been having heaps of fun getting to know each other, decorating our class and exploring our beautiful school environment.

Mrs Cook



Macrame Magic !!!

In Middle School electives on a Friday Ciarah Colbung and Shia Taylor-Champion have completed their macrame clutch. The girls have done a brilliant job, well done !



Term 1 Attendance Percentage

Attendance : Whole School Average

Term 1, 2023



SCHOOL AIM

Equal to or Greater Than 90%

Reward Time



SRC 2023

Class	Student 1	Student 2
Year 2 – Mrs. Cook	Millie Mullen	Tallan Colbung-Bilney
Year 3/4 – Mr. Champion	Leo Veerhuis	Aaniya Bilney
Year 3/4 – Mr. Donald	Freddie Jericho	Lola Hissey
Year 5 – Miss H	Noah Veerhuis	Acacia Bilney
Year 6 – Mrs. Lambeff	Peyton Peel	Tionne Crossman
Year 7/8 – Miss Kim	Soul	Halle Miller
Year 9/10 – Mr. Caretti	Aroha (Year 9)	Chase Sleep (Year 9)

House Captains 2023

House	Junior House Captain	Junior Sports Day Helper	Senior House Captain	Senior Sports Day Helper
Sea Eagles	Sammy Johnson (Year 4)	Katy Yookhong (Year 2)	Toby Jericho (Year 7)	Lillian Miller-Lampard (Year 7)
Kingfishers	Ciarah Colbung (Year 5)	Noah Veerhuis (Year 5)	Hayden Lewis (Year 9)	Charlotte (Year 10)
Ospreys	Lailah Coleman (Year 3)	Tallan Colbung (Year 2)	Raya Bilney (Year 7)	Prince Kole (Year 7)

Chapel Schedule - Term 1, 2023

Wk	Theme	Class/SRC	Guest presenter
4	The blessing of forgiveness	Year 1	Pastor Andrew
5	The shrunken down message of the whole Bible	Year 2	Pastor Andrew
6	The greatness of God	Year 7	Susan
7	The greatest shepherd of all	Year 3/4 D	Stuart
8	Practising God's presence	Year 9/10	Stuart
9	Serving others... what would Jesus do?	Foundation	Greg
10	Making the most of each day	Year 3/4 C	Stuart
11	Stickability with God, who sticks by us	Andrew	Andrew

Church Services

CEDUNA - SUNDAY - LUTHERAN CHURCH - 10.30am

Happy Birthday

23rd February	Hugh Trewartha
25th February	Ciarah Colbung
25th February	Kitahrna Miller
27th February	Prince Kole



Community Notices

HOMWORK CLUB
Attention Families
 Please see changes to Homework Club hours below:
 Where: Ceduna Youth Hub (26 McKenzie Street)
 When: Mondays and Fridays ONLY 3pm-5pm

Ceduna Education Reform Project
 Ceduna Aboriginal Corporation

PLAYGROUPS TERM 1 2023

Monday 2pm-4pm
 Koombaa Remote School Attendance Building

Tuesday 9:30am-11:30am
 Far West Aboriginal Sporting Complex

Thursday 9:30am-11:30am
 Ngura Yodurrin Children & Family Centre

For Aboriginal families with children aged 0-5 (Koombaa playgroup ages 0-9)
 Transport available
 Tea/coffee and snacks provided

For more information
 86253210 or 0456728444

Play 2 Learn
 A good beginning for every child

2023 Term 1 Schedule
FREE supported playgroups for families with children aged 0 - 5 years old.
 Weekly during school terms. Staffed by Donna and Petrina.
 Phone: 0436 116 073

Wednesday Penong
 10am - 12pm
 Penong Early Learning Centre
 All families welcome
 Healthy snack provided

Friday Ceduna
 9.30am - 11.30am
 Crossways Lutheran School Early Learning Centre
 All families welcome
 Transport available
 Healthy snack provided

54 reasons...
 We are Australia's leading child rights organisation. We are focused on change for children and young people in Australia. We exist to ensure that children's rights are understood and enjoyed by all. It is our mission to lead the way in Australia and the world. We are currently seeking applications from young children and young people in Australia who do not only have a good understanding of their own rights but also understand the rights of others. We also have a good understanding of the rights of children and young people in other countries. We are looking for people who are passionate about children's rights and are committed to making a difference.

We acknowledge the Traditional Custodians on whose land we live and work, honouring their continued connection to land, sea, skies and water. We pay respect to Elders and Ancestors of Country and recognise their role in passing down sacred cultural, spiritual and educational practices. We also acknowledge the strength and commitment of Fire Nations practitioners that work alongside children and young people to support and guide leaders of the future.

Partners:
 South Australian Government
 Department of Social Services

54 reasons

SANFL

SANFL are on the hunt for U15 (born 2008, 2009) First Nation and Multicultural young men and women to trial for the SANFL/AFL Diversity Talent ID program and we would love you to nominate to trial.

After the trials our leadership team will nominate to the AFL our most talented players to be considered for inclusion in Flying Boomerangs / World Team (boys) and Woomeras / Medleys (girls).

Selected players will transition with other young men and women from across Australia into their respective National Programs April (girls) and July (boys).

The SANFL Diversity Talent ID Program and AFL National Leadership programs are elite development pathway programs designed to give participants a unique opportunity to develop their football skills, exposure to a leadership and cultural program and to enhance their personal development.

visit: <https://sanflprograms.wufoo.com/forms/z1w69v6w0yt9v1s/>