



## CROSSWAYS CALENDAR

Wk 2-6 (Thursdays)	Junior School Swimming
Wk 5 (16/11)	Didgeribone Performance
Wk 6 (Fri 24/11)	STUDENT FREE DAY
Wk 9 (Mon 11/12)	Celebration of Learning
Wk 9 (Tue 12/12)	Beach Day - Last Day for Students
Wk 9 (Wed 13/12)	Staff Training Day
Wk 9 (Thu 14/12)	Staff Training Day & Clean-up

## TERM DATES 2023

TERM 4	16th Oct 2023—12th December 2023
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## Principal's Word - Greg Miller



Faith Can Move Mountains: Matthew 17:20

Dear Crossways Community,

The Bible is a treasure trove of wisdom, offering guidance and inspiration for our lives. One such verse that holds profound meaning is Matthew 17:20. This scripture, found in the New Testament, reminds us of the incredible power of faith. Let us

look at the significance of Matthew 17:20 and how it can influence our lives as students, parents, and educators in the Crossways community.

Matthew 17:20 (ESV) reads: *"He said to them, 'Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you.'"*

Here are some key takeaways from this verse:

**The Power of Faith:** This verse underlines the remarkable power of faith, even in its smallest measure. It teaches us that faith is not dependent on its quantity but on its authenticity. Our belief in something greater than ourselves can move mountains.

**Believing in the Impossible:** "Nothing will be impossible for you." This message is one of hope and optimism. It encourages us to believe in the seemingly impossible and to approach challenges with the confidence that, with faith, we can overcome them.

So, how can we apply these lessons from Matthew 17:20 to our lives in the Crossways community?

**Building Strong Foundations:** Just like a mustard seed grows into a mighty tree, our faith can flourish and become a source of strength when we nurture it. At Crossways, we encourage the development of strong character, values, and beliefs in our students. We believe in planting the seeds of faith, hope, and perseverance.

**Overcoming Challenges:** The mountains in our lives can represent various challenges, whether they are academic, personal, or societal. Through faith, determination, and hard work, we can conquer these challenges, no matter how insurmountable they may seem.

**Creating a Supportive Community:** As a school community, we can come together to support one another in times of need. We can offer our faith, trust, and encouragement to help each other move the metaphorical mountains that may stand in our way.

Matthew 17:20 is a reminder that, through faith, we can achieve great things. It teaches us that even the smallest step of faith can lead to remarkable accomplishments. As we navigate our educational journeys and the challenges that lie ahead, let us hold on to this powerful message of faith and trust, knowing that with these, nothing will be impossible.

May this verse inspire us all to embrace the power of faith and believe in our ability to move mountains in our lives and in the world around us.

Wishing you all a blessed and inspired weekend.

Greg Miller

Principal

## AWARD WINNERS - WEEK 3

### Congratulations to all students



Above : Brighton Spry was awarded the Hope Award for Week 3.



Above : Kael Coleman was awarded the Grace Award for Week 3.



Above left : Nate Gascoyne was awarded the Year 1 Award.



Above right : Gareth Masunda was awarded the Year 2 Award.



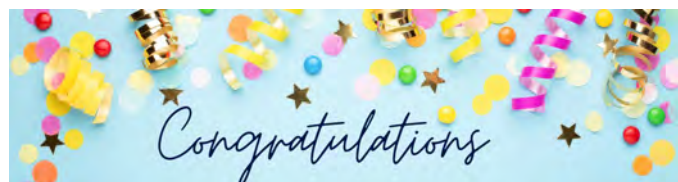
Above left : Savhanna Laughton was awarded the Year 6 award. Above right : Hayden Lewis was awarded the Year 9/10 award.



Other award winners :

- Foundation (
- Year 1
- Year 3/4 Donald
- Year 3/4 Champion
- Year 7/8

Due to FETE preparations, not all students had photo's taken with their awards.





## Year 1 Class



### Year 1 Class News

What a great start to Term 4 for the Year 1s! We have been busy learning new topics across the curriculum, such as *Location and Direction* in Maths, *Narrative Writing* in English, *What Makes us Unique* in Christian Studies and *How Materials Change* in Science. This term I have also started teaching the Year 1 students Art, which

has been most enjoyable. We have been focusing on line and texture as well as colour. It has been great to see how creative students are, which is a relaxing way to finish our Mondays.

Fridays are a day of excitement for us, as we have swimming lessons after Chapel at 10am. It has been great to see students gain confidence in the water and encourage their peers with things they find challenging, such as swimming at the deep end and putting their heads under water.

Keep up the amazing work, Year 1s! Before you know it, you'll be big Year 2s!

Miss Bahr



### 1: The Effects of Food on Children's Development

Proper nutrition plays a significant role in the growth and development of children. Here are some key points to consider:

#### Pros:

1. **Supports Overall Health and Growth:** Nutritious food is like fuel for the body. It provides the essential nutrients that children need to grow, develop, and stay healthy.
2. **Helps Children Stay Alert and Focused:** When children eat balanced meals, it helps them stay alert and focused in school and other activities. Proper nutrition supports cognitive functions, making it easier for children to learn and engage.
3. **Essential for Physical and Mental Well-being:** Eating a variety of healthy foods supports both physical and mental well-being. It helps build a strong immune system, improves mood, and reduces the risk of chronic health conditions.

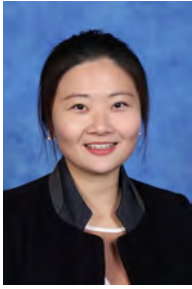
#### Cons:

1. **Poor Nutrition May Lead to Health Issues:** Not getting the right nutrients can lead to health problems. It might affect a child's immune system, making them more susceptible to illnesses.
2. **Lack of Essential Nutrients Can Affect Learning and Development:** If a child doesn't get the necessary nutrients, it can impact their learning and development. They might find it harder to concentrate, remember things, and engage in school.
3. **Unhealthy Eating Habits Can Lead to Decreased Energy Levels:** Eating unhealthy foods with too much sugar or processed ingredients can lead to energy spikes and crashes. Children may feel tired and less active, affecting their daily activities and participation.

It's important to remember that making healthy food choices is not about restriction or diets but about providing the best nourishment for your child's growth and development. This includes a variety of fruits, vegetables, whole grains, and sources of protein. Good nutrition sets the foundation for a brighter and healthier future for your child.



## Year 7/8 News



In Semester 2, we decided to divide the Year 7/8 group into 2 smaller groups so that students can participate in practical sessions for Art and Science. Starting in Term 3, we had one group participate in Art with Mrs. Halbert and another group working in the Science lab with me for practical investigations. This really allowed all

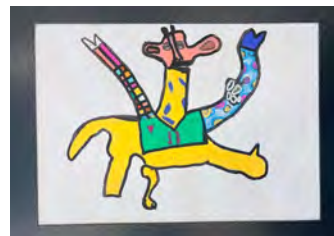
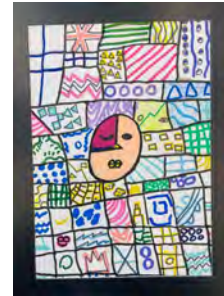
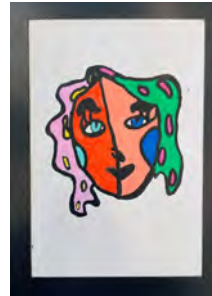
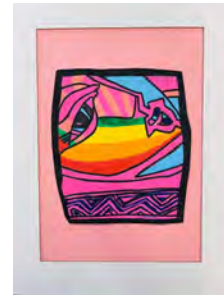
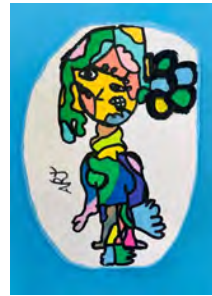
students to fully take part and focus on building their lab skills and also work safely in the science lab. I look forward to seeing students' lab skills and confidence growth and develop as we continue to work together this term.

**Haesil Kim**

**Year 7/8 Home Group Teacher**



## Year 3/4 Art with Mrs Halbert



Our 3/4 classes have produced some great final artworks after researching 12 year old NSW artist, Art Tui.

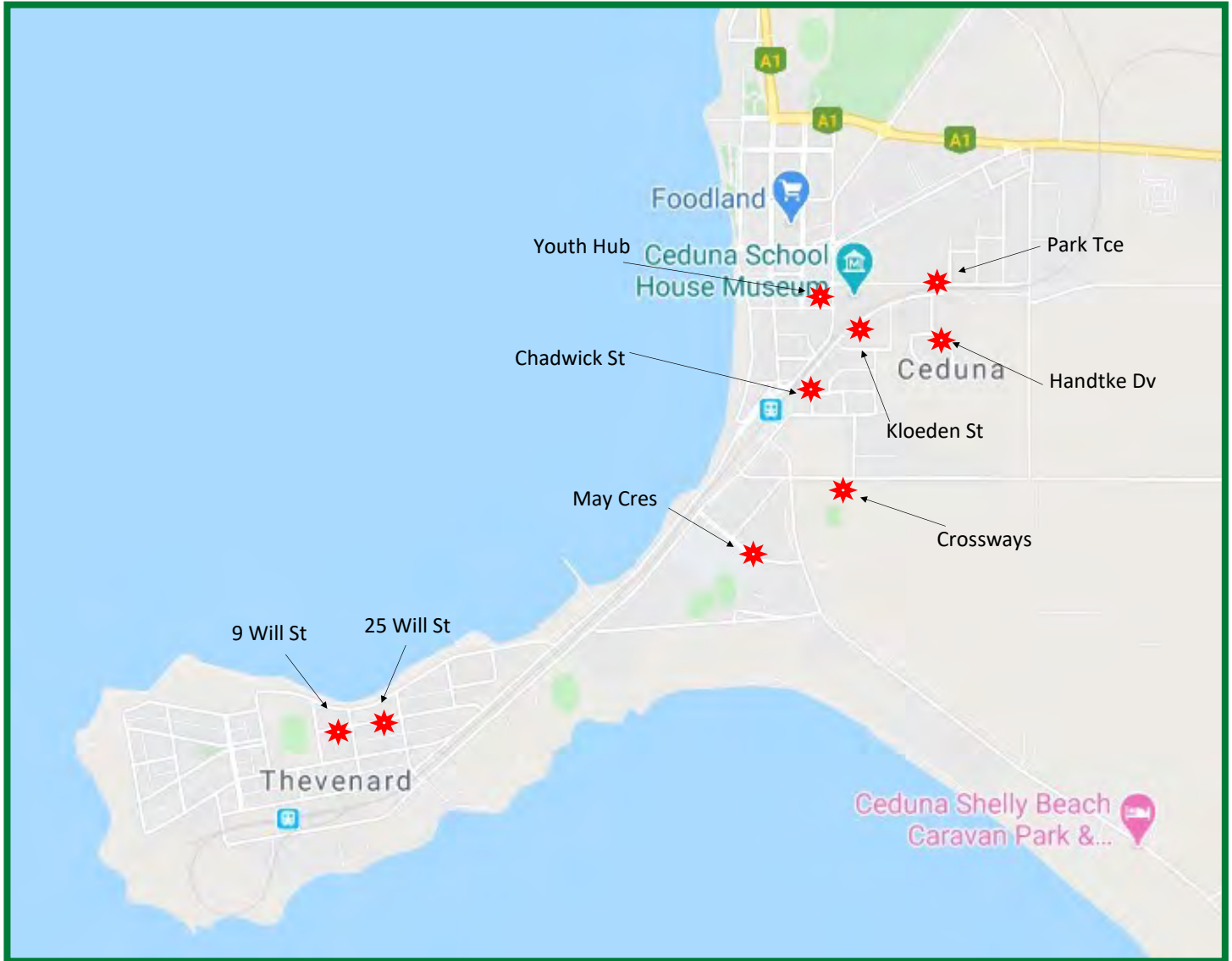
Tui's works are influenced by Picasso and American artist Basquiat. Students explored a range of faces and creates to produce bold, bright final works based on their favourite artist.



Please take note of the adjusted bus route times for the Crossways Bus.

The Youth Hub Stop is in a separate school vehicle at the end of the school day and arrives at the Youth Hub stop at 3.20pm.

Thankyou



**Morning Stops**

- 8.08am May Cres, Ceduna
- 8.11am 25 Will St, Thevenard
- 8.12am 9 Will St, Thevenard
- 8.21am 15 Park Tce, Ceduna
- 8.23am 12 Handtke Dve, Ceduna
- 8.26am 28 Kloeden St, Ceduna

**Afternoon Stops**

- 3.20pm Leave School
- 3.23pm 1 Chadwick St, Ceduna
- 3.26pm 28 Kloeden St, Ceduna
- 3.29pm 12 Handtke Dve, Ceduna
- 3.33pm 15 Park Tce, Ceduna
- 3.37pm Murat Tce, Youth Hub

**Youth Hub Stop (Arvo)**

- 3.20pm Arrive at Youth Hub





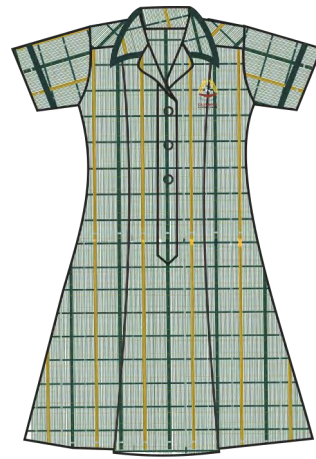
Crossways Lutheran School  
Images of NEW UNIFORM ITEMS that  
will be available for purchase next  
year.



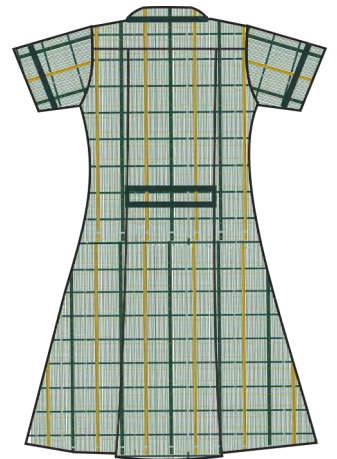
POLO TOP (UNISEX)



TRACK PANT (UNISEX)



SUMMER DRESS  
(FRONT VIEW)



SUMMER DRESS  
(BACK VIEW)



SWEATER  
(UNISEX)



GIRLS SKIRT



GIRLS SKIRT  
(SUMMER OR WINTER)



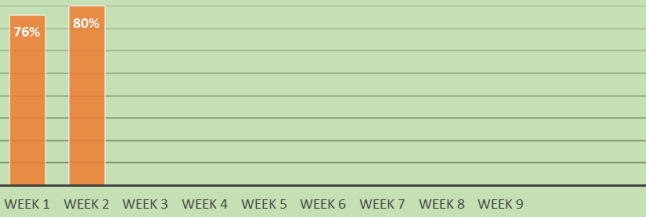
HAT



SPORT SHORTS  
(UNISEX)

## Attendance : Whole School Average

Term 4, 2023



**SCHOOL AIM : Equal to or Greater Than 90%**

## Church Services

**CEDUNA - SUNDAY - LUTHERAN CHURCH - 10.30am**

## Happy Birthday

4th November	Cindy Brown
6th November	Gemma Watson
7th November	Anastasia Muir
7th November	Emily Muir
8th November	Alexis Kaehne



## Chapel Schedule - Term 4, 2023

WK	Date	Theme	Guest presenter	Devotion
WK 3	November 3 <sup>rd</sup>	Your Not Just a Kid	Andrew/Sara	Donna
WK 4	November 9th	Mustard Seed Faith	Andrew	Found
WK 5	November 17th	(Surrender) The Legend Of The Candy Cane	Pastor Stuart	Janette
WK 6	November 24 <sup>th</sup>	(Thankfulness) All in His Plan	Greg	Georgia
WK 7	December 1 <sup>st</sup>	(Trust) Mary and Joseph	Pastor Stuart	Hasil
WK 8	December 8th	(The Best Gift) Jesus Is Born	Pastor Stuart	Aiden
WK 9	December 14th	(Confidence) Wise Men and Gifts	Andrew	Mark

## Community Notices

### Pre-loved clothing Sale

Sunday Nov 12th  
10:30 am - 1:00 pm

20 stalls - quality labels  
coffee & food available

Fosters Boat ramp car park  
O'loughlin Terrace,  
Ceduna



4evafit café



**PLAYGROUPS 2023**

Monday 2.20pm-4.30pm  
Koonibba Stop and Play  
Koonibba Remote School  
Attendance Building

Tuesday 10:00am-12:00pm  
Quality Time with Family  
Learning Hub  
45 McKenzie Street

Thursday 10:00am-12:00pm  
Minya Gidya-Muga  
Ngura Yadirin Children & Family Centre

Attend playgroup to have a chance of winning a gift voucher

For Aboriginal families with children aged 0-5 (Koonibba playgroup ages 0-9)

Transport available  
Tea coffee and snacks provided

For more information  
86253210 or  
0428883197

CEDUNA ABORIGINAL ASSOCIATION

## CEDUNA PROGRESS ASSOCIATION NOTICE OF ANNUAL GENERAL MEETING

**27 November 2023**

6.00pm Ceduna Community Hotel

Visit our facebook page for more information.